

# Unwinding the Way of Tea

An Introduction to Japanese Tea Ceremony



RUTH (SŌSHIN) LIONBERGER

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The Japanese tea ceremony, a world-renowned art, is often said to be the epitome of Japanese culture. Yet few people understand why it is practiced; fewer still have actually experienced it in its complete form. To foster a fuller understanding and wider appreciation of this art, this talk will provide an overall picture of what the Way of Tea is and why it is practiced. In addition, the audience will learn some basic history, a few vital concepts, and a bit about the aesthetics of the world of Tea. The speaker will also speak about why she thinks some non-Japanese, including herself, are so interested in Tea.

A native of the USA, Ruth (Sōshin-宗心) Lionberger has been working in education and international relations in Japan for 20 years. From April 2015 to March 2016, Ms. Lionberger was enrolled in the research course at the Urasenke Gakuen Professional College of Chadō in Kyoto. She teaches the Way of Tea to Japanese and non-Japanese audiences, in both English and Japanese. She is particularly interested in coaching Japanese tea instructors in how to effectively introduce and teach tea to non-Japanese.

Location: 5-7-12 Shinjuku, Shinjuku-ku, Tokyo, 1st Floor  
See [www.lcjapan.com/lectures](http://www.lcjapan.com/lectures) for map; Tel: 03-3225-0425

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